

# ALAMO WING

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433rd Airlift Wing, Lackland Air Force Base, Texas

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## Camping bolsters CES, SVF camaraderie

By Senior Airman Jonathan D. Simmons  
— Wing Public Affairs

In times of peace, prepare for war,' a wise adage and sound advice for the Airmen of two 433<sup>rd</sup> Airlift Wing units as they packed up and headed to tent city. No, these units were not being mobilized for the desert. They traveled to a tent city a little closer to home for training, sun, rain and unit bonding.

About 20 Airmen from the 433<sup>rd</sup> Services Flight and 150 more from the 433<sup>rd</sup> Civil Engineering Squadron performed a bivouac field training exercise at Lackland's Medina training annex March 19 and 20.

"Bivouac is a French word for campout," said Staff Sgt. Hilary Reyes, with the 433<sup>rd</sup> Services.

The bivouac is an annual currency requirement for Services and CES personnel similar to the currency requirements that aircrew members maintain.

This year the 'campout' was staged from the field training exercise site on Medina where basic trainees culminate Warrior Week.

"It brought back a lot of memories," said Airman Roberto Flores, 433<sup>rd</sup> CES supply specialist who graduated from Basic Military Training in October. "I guess the environment was more open. We knew what we had to do and we did it...and I got to drive a Humvee!"

Although there were no trainees or



Photo by Senior Airman Jonathan D. Simmons

**HE'S NOT HEAVY...HE'S MY WINGMAN** -- Staff Sgt. Devin Gonzalez, 433<sup>rd</sup> CES fire fighter, performs a fireman's carry that could be used to move injured or unconscious Airmen. Training instructors' campaign hats there this time, a lot of learning went on. Training segments included general and core field tasks like self aid and buddy care, tent erection, Humvee and heavy motor equipment operations, meal preparation, accountability, other mandatory briefings and good, old-fashioned getting your hands dirty in the field.

(See FTX, 3)

# Put sense into summer activities

Col. John C. Fobian

— Commander, 433rd Airlift Wing

Spring is a time to get back to basics.

Good safety practices start with an attitude. If you don't have the right attitude, odds are I'll be reading about you some day.

There are many forums that highlight our safety programs. Whether it's during a commander's call, taking a safety awareness day to review safety practices or the 101 Critical Days of Summer campaign, the focus is on awareness and attitude.

We have many tools at our disposal to help us: policies and procedures,



checklists, Operational Risk Management (ORM), supervision and maybe most important - common sense.

Many smart people before us have developed policies, procedures and checklists that, if followed correctly, result in a safe operation. Supervisors are another layer of 'protection'.

Whether you're performing an engine run, changing a vehicle tire, setting up tents in the field or on a medical team at a forward operating location, supervisors need to manage their people to complete the task as safely as possible.

The right attitude will not accept complacency.

ORM applies to everything we do. It could be a defined multi-step process for a complex operation or merely thinking it through, whether you're mowing your lawn or driving on vacation. Oversimplified, ORM

involves cause and effect - weighing the causes (risks) that produce the effects (results).

The goal is to manage the risk to an acceptable level that still produces a desired result. And, having done all this, it should still pass our common sense test.

As we approach the 101 Critical Days of Summer, common sense may be our last line of defense.

Many of us are not as young as we remember, and consequently are not quite as good as we once were. Recognizing this is good common sense. Making adjustments for it is ORM. Applying this to our activities with friends and family is the right choice.

Enjoy the summer and all the activities it brings, please don't lose the right attitude. Think safety first. You can be safe and still have fun. 🇺🇸

## Alamo Wing

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## Chaplain's Corner

By Chaplain Lyle E. "Von" Seggern  
433rd Chaplain Section

The Storms of Life  
Psalm 107

"He stilled the storm to a whisper; the waves of the sea were hushed.  
They were glad when it grew calm,  
and He guided them to their desired haven.  
Let them give thanks to the Lord for His unfailing love  
and His wonderful deeds for people."

The storms of life hit everyone. The Alamo Wing team, like every Wing, will have our share. The question is not that there will be storms, disappointments, and winds of stress, but what will we do when they strike? We have "havens of help" in Alamo Country. Your "wingman", leadership, Life Skills, Family Support and Chaplain Section are a few people you can call upon for support. Talking about your pain is a good way to calm down and find shelter.

God is with you, with His unfailing love, as you face the storms of life. He can "still the roar, hush the waves, and guide you to salvation. Please remember to pray when you are battered by the winds of adversity. God has shown us throughout history His wonderful deeds for people. Don't give up; don't give in; just stand firm with God through prayer.

UTA Chapel Service times vary. Contact the chapel support staff at 925-3556 for current schedule.

## FTX

Continued from page 1



Photo by Senior Airman Jonathan D. Simmons  
Senior Master Sgt. Carol Allen prepares field-time chicken for bivouac Airmen.

“This annual training requirement allows Airmen to practice in an operational environment,” said Lt. Col. Roger Lozano, 433rd Mission Support Group commander. “When you go out to the field and have to rely on each other you become very resourceful and form stronger (bonds of) respect between squadrons and makes the squadrons that much stronger.”

“Everything was organized and you could tell the 433rd is a big family...and that makes me want to come back next month,” said Senior Airman Michael Hernandez, 433rd CES heating, ventilation and air conditioning (HVAC) specialist.

Senior Master Sgt. Gail Boldt, services superintendent, said this was actually the second bivouac SVF did this fiscal year. The first one was in October and included only SVF Airmen. The purpose of this bivouac



Photo by Senior Airman Jonathan D. Simmons  
Tech Sgt. Craig Calvert, CES examines a military truck and Senior Master Sgt. Gail Boldt prepares to take an expeditionary spin. Services and CE troops perform a variety of duties in the field, and 433rd members know ‘practice before play.

was primarily to support CE.

Services coordinated the distribution of bedding materials, provided a daily hot meal, passed out MREs, set up recreation facilities and gave safety briefings while CE trained on their general and core field tasks.

“Tired (was my first feeling afterward) but then it was fulfilling,” said Airman 1st Class Rhonda Garza, with Services.

The hot meals were ones to rival any vacation hot spot.

Both meals were made from “A” rations, which contain perishable meat and vegetable products requiring refrigeration.

Saturday’s dinner consisted of steak, mashed potatoes, string beans, salad, baked chicken, corn, cake and punch. Sunday’s breakfast included bacon, sausage, eggs, French toast, fruit, coffee and assorted cereals.

“The Air Force food was great,” said Airman Hernandez. “I wish I could eat it every day.”

For many Airmen, this bivouac was their first, and they seem to agree that not only the food was a plus but it was



Photo by Senior Airman Jonathan Simmons  
Airmen from the 433rd CES enjoy healthy meal they describe as delicious in an expeditionary dining facility after a hard day of field training and team building.

also great learning experience.

“I learned we have to be able to react at a moments notice to fix things,” said Airman 1st Class Michael Soto, 433rd CES HVAC specialist who helped implement an impromptu plan to hold down the damaged front door of his tent with sand bags to make it rain-safe during Saturday night’s intense storm. “It (bivouac) helped emphasize the unity of the unit. There’s no I ... it’s the team that’s great.”

“The most important thing was to hang out with these guys and know that they’ve got my back and I’ve got theirs,” Airman Hernandez said 🏠



Photo by Senior Airman Jonathan D. Simmons  
Senior Airman Alberto Smith, CES structural specialist, instructs CE and Services troops on how to erect a temper tent from scratch. Temper tents are used in the field to house sleeping areas, dining halls, medical facilities storage and offices.

# Reserve healthcare plan gets booster shot

WASHINGTON – Health care for reservists got a booster shot April 25. That's when a premium-based health care plan started for those activated for a contingency anytime since 9/11.

Department of Defense officials announced Tricare Reserve Select at a Pentagon news conference March 24.

"We are committed to providing the proper combination of compensation and benefits that will allow us to attract and retain the world's best fighting force," said Charles Abell, principal deputy undersecretary of defense for personnel and readiness.

TRS offers a bridge for reservists entering or leaving active duty who are not covered by a civilian employer or other health insurance plan. It's similar to Tricare Standard and comparable to the Blue Cross and Blue Shield Plan for federal employees.

Monthly premiums for a reservist are \$75. A reservist and family pays

\$233. Premiums will be adjusted annually.

Air Force reservists must serve on active duty for 90 consecutive days or more on or after Sept. 11, 2001, in support of a contingency. And, they must enter an agreement with Air Force Reserve Command to serve in the Selected Reserve for one or more years before leaving active duty. If they got off active duty, they have until Oct. 28 to apply.

Reservists earn one year of care for every 90 days of continuous active-duty service and every year of service commitment. For example, reservists with 360 days of qualifying active duty can get four years of coverage if they sign up for four years in the Selected Reserve.

Coverage ends when the service agreement ends. It stops sooner if the reservist separates from the Selected Reserve, voluntarily withdraws from the program or fails to pay the monthly

premiums.

The Tricare Web site – [www.tricare.osd.mil/reserve/reserveselect](http://www.tricare.osd.mil/reserve/reserveselect) – will have more details. To get updates by e-mail, reservists and their families can subscribe to [www.tricare.osd.mil/tricaresubscriptions/](http://www.tricare.osd.mil/tricaresubscriptions/).

For reservists enrolled in the Transitional Assistance Management Program, coverage will start the day after TAMP ends. (*AFRC News Service*).



## TSP 'Open Season' limitations end July 1

By *Gerry J. Gilmore*

*American Forces Press Service*

WASHINGTON — Defense Department civilians and servicemembers building tax-free retirement accounts through the Thrift Savings Plan soon will be able to change their investment options at any time instead of just twice a year.

Current biannual TSP "open season" investment-choice windows will end July 1, said Army Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council. TSP participants, she said, will be able to switch their retirement account options at any time.

Colonel Fenton said "there's not going to be the two open seasons during the year" where people can sign up for the retirement savings and investment program, change their

contribution levels or change investment options.

Military people and civilians covered by the Civil Service Retirement System can contribute up to 10 percent of their paycheck to establish tax-free retirement accounts that grow from accumulated savings and investments in bonds, stocks and international funds. Employees covered by the Federal Employees Retirement System can contribute up to 15 percent in 2005. From 2006 on, no limit will apply to any participants in TSP.

Another TSP change also slated to start July 1 gives participants the choice of having a financial manager automatically adjust how funds are invested as market conditions change, officials said.

"They'll move you from equities to bonds when you need to," Colonel

Fenton said, which should assist participants in maximizing their contributions.

Servicemembers have been eligible to establish tax-free TSP retirement accounts since January 2002, she said.

Establishing a TSP account is a good idea even for those servicemembers who do not serve long enough to qualify for a pension, Colonel Fenton said. TSP funds accumulated during military service, she said, can be transferred to participating federal agency TSPs if a departing servicemember takes a government civilian job.

And, TSP savings can also be rolled into nongovernment civilian employers' individual retirement accounts, the colonel said.

For more info on TSP, please visit <http://www.tsp.gov/>

# Personnel chief on NSPS, other initiatives

By Gerry J. Gilmore

*American Forces Press Service*

WASHINGTON — Defense Department civilians soon will be paid for productivity rather than longevity, while in the future, service members may be required to serve longer tours of duty and spend more time in the military before becoming eligible for retirement.

These initiatives are part of efforts by officials to transform DOD into a more agile and efficient organization for the 21st century, said Dr. David S.C. Chu, undersecretary of defense for personnel and readiness.

Dr. Chu said the new National Security Personnel System slated for partial implementation in July will affect about 300,000 of the department's 700,000 civilian employees. Remaining DOD civilian employees are slated to move into the new system beginning around January 2007.

He said current civilian pay scales are based on how "long you've been around." Polls show the younger workers DOD officials are seeking to replace retiring older employees want a more performance-based compensation system.

"They want to join an organization where if you do more, you are rewarded," he said.

Performance for pay "is not an untried principle" at DOD, Dr. Chu said, noting several pay-for-performance pilot programs have been tested through the years.

The system also gives managers the tools to hire new employees more quickly and more means to discipline underproducers.

Dr. Chu said such change is likely to be "upsetting" among a work force accustomed to the older personnel system. Managers who will supervise workers under NSPS will "require training and preparation in order for them to be effective," he said.

He asked DOD employees to be patient as the system is implemented, noting studies of pay-for-performance pilot programs have shown most workers like the new system.

After NSPS has been fully implemented, employees "will have a much happier work force," Dr. Chu said.

He said old civil service rules hamstrung supervisors and often caused service members to be employed for tasks that could be accomplished by civilian employees. Implementation of NSPS will allow more flexible use of civilian employees, while freeing up service members to perform other important duties, Dr. Chu said.

Another initiative that is under study involves establishing longer duty tours for service members, especially senior officers, he said. Some military leaders serve in their posts for too short a time, and many senior officer tours of duty span 18 to 24 months.

"They never have enough tenure to make transformational changes, to see them through to success," Dr. Chu said.

Another personnel change under consideration is increasing the years of service military members need to retire. Today's 20-year minimum required for military retirement "has become something of an 'automatic' event" that began after World War II, he said.

The requirement was established in conjunction with an "up-or-out" policy recommended by then-Army Chief of Staff Gen. George C. Marshall that was designed to prune veteran service members who had become ineffective partly because of increased age.

But Dr. Chu said today's service members in their 40s and 50s are "physically fit" and are "able to do many of the things that are necessary" in the military environment. Consequently, "we need to have a system that allows them to serve ... on active

service longer," he said, and that envisioned change "is one of the most difficult transformational challenges" DOD officials face.

"We are really at (the) early stages in making this shift," he said. "Some of it requires legislative changes, which we have not yet convinced the Congress to make.

Addressing the amount of military pay required to attract and retain quality service members in the future, Dr. Chu said "if we don't keep up a vigorous, upfront compensation package, we will not succeed in the long term."

Achieving transformation requires having "a sharp and appropriate set of tools in your toolkit" and a willingness to adapt new methods of doing military business, he said.

For example, the asymmetrical nature of the war on terror has made U.S. military field hospitals likely enemy targets, he said. Consequently, it is now routine for service members who have been severely wounded in Afghanistan and Iraq to be medically stabilized in local field hospitals and then air-evacuated to "safe havens" in Germany or the United States for further treatment, Dr. Chu said.

This transformational change contrasts with past practices where injured troops often received medical care at facilities established in or near war zones, he said. He credited the field hospitals "for being able to stabilize the patients" and the Air Force for providing the needed "air bridge" support.

"We will not go backwards," Dr. Chu said, noting DOD officials will no longer plan to "take heavy, bulky, hard-to-protect medical facilities to the front."

*Editor's Note: Lackland AFB will be one of the first installations to implement the new NSPS system. Changes are scheduled to begin in July.* 🏠

# Reserve security forces serve FAST, forward

Maj. David Simons

386<sup>th</sup> AEW Public Affairs

Their job is simple, flight deck denial and ground security. The training is intense and only the best get the assignment. The two-man teams are called Fly-Away Security Teams, or FAST teams, and are an offshoot of Air Mobility Command's Phoenix Ravens Program. Due to a high volume of intra-theater airlift missions requiring Phoenix Ravens, U.S. Central Command Air Forces authorized FAST teams for fly-away missions.

Serving recently in the FAST role on an airlift flight into Iraq was Staff Sgt. Neal Allen and Senior Airman Steven Gonzalez of the 386<sup>th</sup> Expeditionary Security Forces Squadron. For Sergeant Allen, from the 433<sup>rd</sup> Airlift Wing, it was business as usual for the security forces veteran. This is one of his last missions in the area of operations. "I am a reservist, and for me, there is not any better training than the real world experience. I am proud to serve," said Sergeant Allen.

This was Airman Gonzalez' first mission as a FAST member. The Maxwell AFB Airman's feelings were quite succinct. "It was exciting for me and I look forward to doing more missions," said Airman Gonzalez. His enthusiasm for the excitement of heading deep into the heart of Iraq was quite distinguishable.

Flight deck denial forces are needed when there is even a remote chance a passenger could take over the aircraft. The chance is very slim, but the precautions are there. When transporting detainees, Iraqi civilians or others who don't receive a rigorous background screening like an American service member, the cockpit denial team is there.

The most susceptible missions are where passengers are picked up on a routine schedule. That is where the two-man team guards the flight deck. Much like the U.S. Sky Marshal program, these men and women are there to protect the aircraft from seizure. Unlike the Sky Marshals these military FAST teams are very

distinguishable. They are in military uniforms with weapons readily available, riding at the two most accessible points to the flight deck.

To be one of the few Security Force members able to perform the FAST mission at this forward deployed location in Southwest Asia, the individual must complete Survival, Evasion, Rescue & Escape (SERE) Level B training, as well as, High Risk of Capture (HRC) training. In addition, Maj. Allan Sacdalan, commander of the 386<sup>th</sup> Expeditionary Security Forces Squadron, requires any Airman wishing to perform this mission complete their 5 skill level Career Development Course (CDC). "I use this as an incentive for the young airmen to stay focused and motivated to accomplish their required upgrade training prior to allowing them to experience different aspects of the security forces career field," said Major Sacdalan. "It's a win-win situation for all as we get additional manpower for FAST missions and the home unit regains a better trained Airman, ready for advancement."

Sergeant Allen and eleven other 433<sup>rd</sup> SFS members returned to Lackland March 25.

Each member of the Reserve SFS team flew FAST missions throughout the U.S. CENTCOM area of responsibility.

"We got to see the big picture," Sergeant Allen said.

On some of the FAST missions flown by the 433<sup>rd</sup> SFS, Iraqi officials were passengers.

"They were pretty relaxed, nice guys, very friendly and cooperative," Sergeant Allen said.

Sergeant Allen felt good about being a part of the work in and around Iraq during that nation's first free election in over 30 years.

"It was an honor to be a part of history knowing we are doing something good," Sergeant Allen said. 🏠

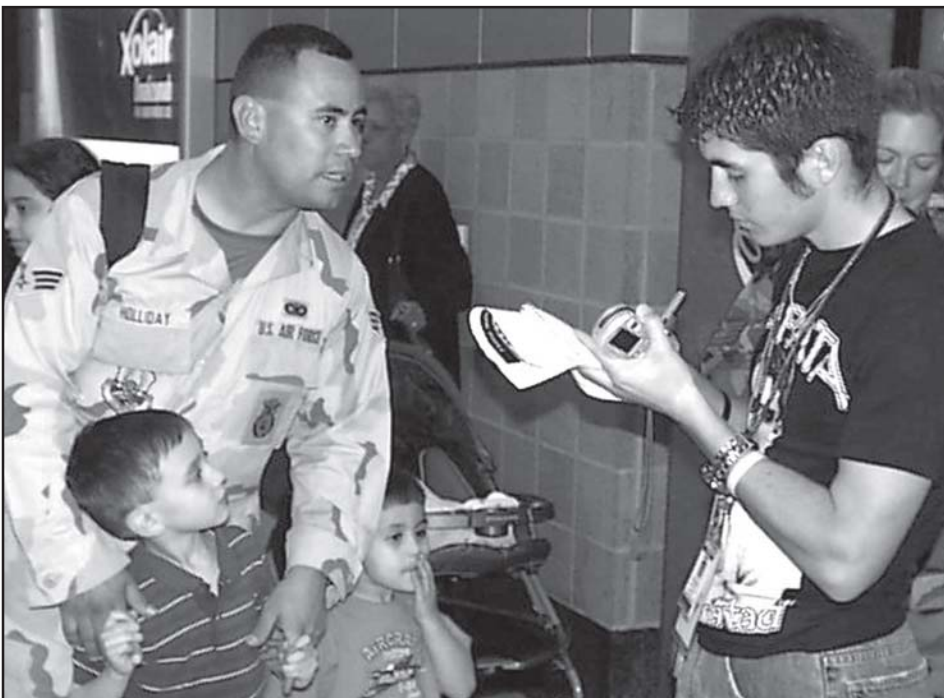


Photo by 1st. Lt. Bruce Hill Jr.

Senior Airman Johnny Holliday, 433<sup>rd</sup> Security Forces, and his two sons, 5-year-old Gabriel on the left and 4-year-old Steven, answer questions from reporter Roberto Perez Jr. from LaPrensa, a local Spanish Language newspaper.

# Wing Family Support Office presents Resources for the Reserve Family

For more information on the following programs call the 433rd Family Support Office at (210) 925-3650

## Bundles for Babies

Provides essential information through a computer based presentation on what to expect during pregnancy. Once the member/family has completed the presentation a layette basket from the Air Force Aid Society is given to the expectant family. Bundles are filled with essential items for families welcoming new additions. Each bundle includes: a large canvas tote bag with the AFAS logo, thermal weave cotton crib blanket, Looney Tune chambray towel set, wash puppy, white knit crib sheet, two printed cotton receiving blankets, four cotton diapers, two Sleep-N-Play, two Looney Tunes Onesies, and two pair of white booties.

## Reservists Helping Reservists

“Caring for Our Own” takes on a new flavor. Many of our members may be looking for a business, service or some sort of help and would rather use and benefit

someone they know and trust. So those who have a business, special skill, talent or service can now offer products, services or help at a discounted or reasonable rate to our reservists and their families especially during times of deployment, temporary duty, activations etc... Not only can this benefit our reserve community with special care and attention from people they know, it may also provide you with more business volume and increased financial opportunity. Please contact the 433rd Family Support Center for more details and an application.

## Eyes on Jobs

Offered to the 433rd through the Main Lackland Family Support Center. Just drop by your 433rd Family Support Office and complete the Eyes on Jobs registration form and submit back to us. We send all 433rd registration forms to the main Lackland FSO staff and they validate the form and include information in the

Eyes On  
Jobs group

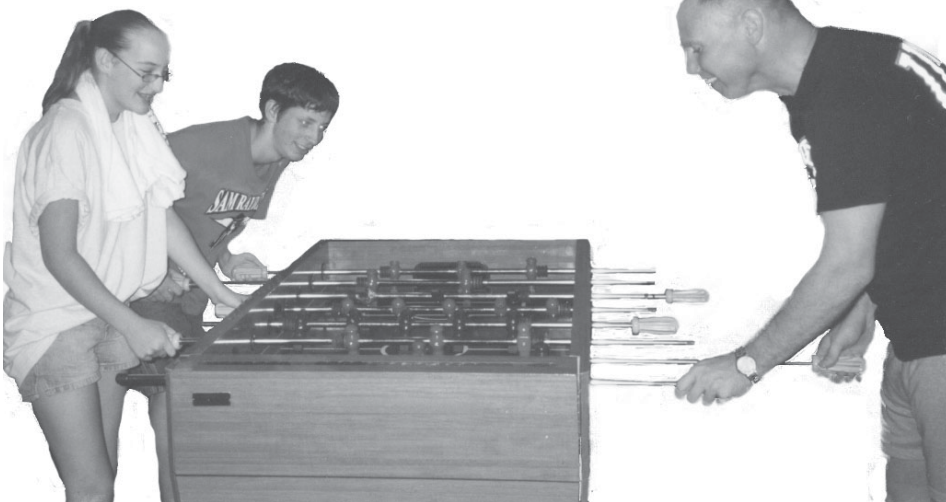
e-mail. As electronic job vacancy announcements are received, they will be forwarded to the Eyes On Jobs e-mail group. Job Seekers are required to inform the 433rd Family Support Center when they secure a job and wish to be removed from the program.

## Military One Source

The Military One Source, Airman and Family Resource Program is an expansion of services available through Family Support Centers.

This innovative benefit is designed to give Airmen and their families help with issues of everyday life. A professional consultant is available 24 hours a day, 365 days a year to help find answers to questions about parenting, child care, education, older adults, midlife, retirement, relocation, finances, legal issues, deployment and reunion issues, everyday life, work, management skills, emotional well-being, grief, and addiction and recovery.

**See More Resources For the Reserve Family, 10**



# Our Families: The win

*Dear families and friends;  
Thank-you for spending a fun afternoon with us. We hope you enjoyed the day as much as we did. Family Day is a chance for us to show you how much each of us appreciates the support you show to your Reserve Family member. It is a chance to take a short break and bring our at home family to meet our Reserve family members.*

*Without the support you consistently show the Reserve family, our mission of providing trained people to perform the global Air Force mission wouldn't be as successful as it is. You really are the wind beneath our wings.*

*Because of your support, the 433<sup>rd</sup>*

*Airlift Wing families like the December heavy airlift to keep going with everything to do with letters from wherever our country go.*

*The photos here are all who attended the Familia event.*

*Sincerely,  
Your Reserve Family*





# d beneath our wings

ily can reach out during natural disasters  
er Indian Ocean tsunami, we can provide  
eep deployed American troops supplied  
hey need to perform their mission along  
home. Because of you, we are ready for  
untry asks from us wherever they ask us to

re are great moments of the fun had by  
the Viva la

Family



# More resources for the Reserve family

For more information on the following programs call the 433rd Family Support Office at (210) 925-3650

## More Military One Source



Phone and online access provides articles, workshops, booklets, audio recordings and personal-

ized referrals. Teams of professional researchers work to find localized answers to an individual's problem. They can help you find a licensed child care provider, financial aid for college and much more. To contact Military One Source by phone toll free within the U.S. 1-800-707-5784, international callers can call collect at 484-530-5913. Military One Source is also available online at [www.airforceonesource.com](http://www.airforceonesource.com) (user ID: airforce; password: ready)

## Give Parents a Break

Air Force families are subject to unique stresses due to the nature of military life including deployments, remote tours of duty and extended working hours. Families are often separated from spouses as well as from extended family members who might otherwise offer support. In an effort to help these families the Air Force Aid Society, in cooperation with the Lackland child care commu-

nity, has agreed to provide funding for child care under a program called "Give Parents a Break". The purpose of this program is to offer eligible parents a few hours' break from the stresses of parenting. Active duty Air Force Families may use this time to suit their personal needs. To find out more about eligibility and how to apply, contact the Family Support Office.

## Car Care Because We Care

The focus of the Car Care Because We Care Program is to keep the primary family vehicle of the active-duty Air Force members in good running condition by providing preventive vehicle maintenance. This maintenance includes oil/filter change and lubrication on a grant basis. When performing this routine maintenance, additional repairs or services may be identified by the mechanic as urgent safety issues. In these cases, families are encouraged to return to the Family Support Center to discuss an interest free loan from the Air Force Aid Society. The goals are to identify and repair problems before they become serious and more costly to repair and to introduce the recipient of the certificate to the FSC and its programs.



## Hearts Apart Program:

With the physical separation that deployments add to the already stressful role as military families, the Family Support Office offers a "Hearts Apart" program. This program allows for family members to contact their deployed loved ones anywhere there is a Defense Switching Network phone connection for a free 15 minute phone call each week. Contact your 433rd Family Support Office and provide the members name, DSN phone number, length of deployment, date and time you would like to call your member and the FSO will coordinate the appointed times with the Lackland operators.

## Operation Pillowcase

An award-winning program designed to make children feel less anxious is softening the sting while a parent is away from home on military duty. Operation Pillowcase provides children of activated reservists with a pillowcase printed with a picture of their deployed parent. The 433rd Family Support Office started the program recently to assist families dealing with the separation faced during deployments.

# Wing gives surplus computers new homes

By Tech. Sgt. Colleen Roundtree

Wing Public Affairs

The 433<sup>rd</sup> Airlift Wing will make about 800 computers available to area schools and other non-profit organizations this year through a program called computers for education. The program, administered through the U. S. General Services Administration, takes computers that are being replaced in Department of Defense agencies, refreshes them and makes them available to certified 501 (c)3 organizations dedicated to education.

Recently, 20 of those systems were delivered to the George Gervin Academy, in San Antonio. The George Gervin Youth Center provides vocational training, remedial education, mentoring, tutoring, job placement, and supportive services for over 1,400 of San Antonio's at-risk and disadvantaged youth and their families. Mr. George Gervin, a retired Spurs player

nicknamed 'Iceman,' was present when the computers were delivered along with some of his family. The computers were a welcome addition to the programs at the academy.

"With these computers, our students can go all over the world from their desks," said Mr. Gervin.

The Gervin family and students from the school helped Senior Master Sgt. Steve Knight, 433<sup>rd</sup> Airlift Wing workgroup manager and assistant WGM, Mr. Kenny Vogel, unload the computers from an Air Force blue pick-up truck.

Refreshing a computer means to ensure old files are no longer contained anywhere in the system. The process helps ensure

security and privacy policies are met and makes sure the wing is not inadvertently guilty of sharing software the new user has no license for. Once the computer is wiped clean, it is ready for the new owner to plug in, turn it on and upload whatever soft-

ware they currently use.

"These computers would have ended up at DRMO and if they weren't auctioned, they would have been crushed," said Sergeant Knight.

But these computers are still current technology.

"We estimate these computers to be worth approximately \$1,250.00 at today's used computer prices," said Mr. Vogel.

Each system includes a monitor, keyboard, mouse and central processing unit. They include a 40 gigabyte hard drive and a processor that operates at 800 MHz.

The computers given to the George Gervin academy are valued at approximately \$25,000 and are to help promote math, computer and science education programs. By year's end, the 433<sup>rd</sup> will have donated approximately \$960,000 worth of computers to area education programs and non-profit agencies.

Agencies interested in signing up to receive surplus DOD computers and office equipment may register online at <http://www.computers.fed.gov/public/aboutProg.asp> or by calling (866) 806-PROP. 🏠

“  
With these computers our students can go all over the world from their desks  
”

Mr. George "Iceman" Gervin



Students from the George Gervin Academy help unload computers donated by the 433<sup>rd</sup> Airlift Wing. Mr. Kenny Vogel and Senior Master Sgt. Stephen Knight, from the wing workgroup management office manage the wing's participation in the Computers For Learning Program.

# 433rd Lifers

More than 30 percent of the wing population has already served 20 or more years in the military. We asked a few of them ‘What makes you keep coming back even though they could retire right now with full Reserve retirement benefits? *Photos and answers provided by Senior Airman Bethaney Trapp, 4 years.*



“It’s an honor for me to continue to serve with the men and women of the Alamo Wing as we ad-

vance freedoms call,” said **Command Chief Master Sergeant Carlos H. Massiatte, 30 years.**



“I enjoy the contribution and the camaraderie of the other wing members,” said **Lt.**

**Col. Max D. Burke, 433 Airlift Wing Inspector General, 21 years.**

“The job and the personal commitment and fulfillment it provides,”



said **Capt. Richard Aves, 433 AMDS, 32 Years.**



“I think that I can still contribute institutional memory while continuing to improve my

retirement,” said **Capt. Louis P. Goldsmith, 433 AMDS, 25 Years.**

# Awards & Reenlistments

## Senior Airman

William F. Torres, MXS

## Meritorious Service Medal

MSgt. Princess Miller

## AF Commendation Medal

SMSgt. Walter N. Martinez, Jr., AES

MSgt. James Henderson, AMXS

MSgt. John L. Clauss, AES

TSgt. Michael L. Fraga, AES

## Reenlistments - March 05

SMSgt. Thomas Adams, CLSS

SSgt. Mitchell B. Anderson, MXS

TSgt. Allen M. Bonneau, 710 IF

CMSgt Ronald C. Csehil, AMXS

CMSgt. Augustin DeFrancesco, 68 AS

MSgt. Suzette Elliott, AMDS

TSgt. Mario A. Estrada, MXS

SSgt. Robert J. Fiel, AMXS

SSgt. Milton J. Flores, AMXS

MSgt. Rafael Flores, CES

TSgt. Susan A. Flores, MDS

MSgt. William C. Foley, AMDS

MSgt. Jesus Gonzalez, MXS

SrA Valerie R. Gonzales, MXS

MSgt. Robert V. Hamilton, MDS

SrA Ronnie D. Hobbs, LRS

MSgt. Curtis W. Houy, LRS

TSgt. Clay L. Jenkins, MXS

John J. Jimenez, MXS

SSgt. Mark Johnson , CES

SSgt. Brian J. Juarez, 74 APS

TSgt. Eric J. Leal, 26 APS

TSgt. Rogelio Lopez, Jr., MXS

TSgt. Arthur Marin, CES

SMSgt. Lethaniel N. Martin, 68 AS

SrA Jose L. Martinez, MXS

SSgt. Michael R. Martinez, CES

TSgt. Betty A. Oglesby, 68 AS

MSgt. Frederick D. Overton, 68 AS

SSgt. Anthony A. Owens, CES

TSgt. Danny Rangel, CES

SrA Jose Ruiz, ALCF

TSgt. Gerard Sanchez, MXS

CMSgt. Steven A. Saxon, 26 APS

SSgt. Trevor J. Shaw, MXS

A1C Daniel J. Sturdevant, MDS

TSgt. Moses L. Suarez, SFS

TSgt. Daniel Vega, 74 APS

TSgt. Jaime A. Villarreal, 307 RH

# Fitness changes proposed

Air Force health officials recommended seven changes to the fitness program during the program’s first annual review.

Some changes under consideration include;

- ◆ Award full points on body composition component of the test if body mass index is within a healthy range.

- ◆ Adding height and weight back into the standard to accommodate Airmen unable to obtain the minimum abdominal circumference but still at normal weight for their height.

- ◆ Move the waist-circumference measurement to a controlled area for people rated poor or marginal and are being retested to reduce inconsistencies.

- ◆ Lengthen run times for tests conducted at higher elevations.

- ◆ Retest Airmen who are rated “marginal” at 90 days instead of 180 days.

- ◆ Promote nutrition as an important aspect of education and intervention.

- ◆ Emphasize regular physical training rather than test results.

- ◆ Reinforce commanders’ accountability.

One proposal was rejected.

- ◆ Change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10.

The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and pushups. For more information, see the story on Air Force Link.



Courtesy photo

# Full Spectrum Threat Response is ready

By Tech. Sgt. Collen Roundtree

Wing Public Affairs

The people who schedule Nuclear, Biological and Chemical classes and issue equipment have a lot more to offer work centers in the 433<sup>rd</sup> Airlift Wing. The office also provides information on protecting personnel through everything from tornadoes to terrorist threats.

“Full Spectrum Threat Response is about the possible threats to installations based on geographic location and basically spells out the response

capabilities or the agency responsibilities,” said Tech Sgt. Shane MacDonald, the NCOIC of the 433<sup>rd</sup> Airlift Wing’s FSTR program.

Sergeant MacDonald said the whole program for Lackland AFB belongs to the 37<sup>th</sup> Training Wing but as a tenant organization, the 433<sup>rd</sup> AW has the responsibility of implementing the program for its own units.

One of those programs is the shelter in place program. As Sergeant MacDonald explains, the location for in-place sheltering will vary based on the type of threat and it is important to know how to react based on each

possibility.

“During a tornado you shelter inside the nearest facility in the centermost part of the building on the lowest level,” Sergeant MacDonald said. “For a toxic release, you want to be on the

highest level. You have to know what the threat is and act accordingly.”

Communicating the threat is part of the FSTR plan that doesn’t change no matter what the threat is.

Means of communication include, “...the giant voice system, sirens system or being contacted by

command post through telephone or e-mail. It could also be security forces or the fire department going around and giving notice,” Sergeant MacDonald said.

The threats aren’t limited to those possible on Lackland. Information for deploying troops about threats elsewhere is still a viable part of the FSTR plan.

“When you deploy you are talking about different threats, threats that you don’t have here. That’s where Nuclear Biological and Chemical

defense training comes in,” Sergeant MacDonald said.

Although NBC type threats have not presented themselves in current operations, being prepared is still vital.

“The threats are still there. We still know Middle East countries have programs in place making NBC necessary. You also have Korea. It’s not as if these things don’t exist and it’s not as if these things can’t get out to the terrorist world.”

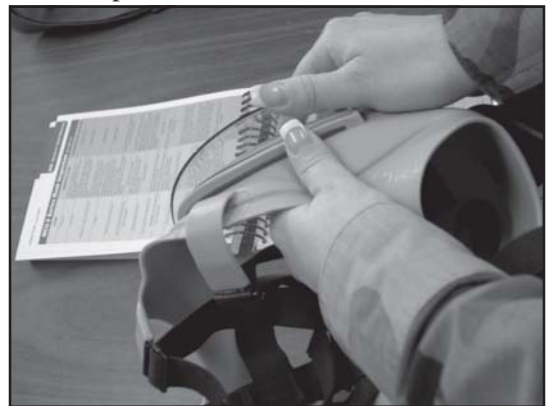
Sergeant MacDonald points out what constitutes a weapon of mass destruction might not be a bomb

“WMD doesn’t mean just chemical, radiological or biological type weapons. If you think about it, on 9/11, that airplane was a weapon of mass destruction,” Sergeant MacDonald said.

The best way to know if your work center is prepared, either with class scheduling or proper shelter in place kits, is to check with your unit FSTR representative.

“  
If you think about  
it, on 9/11, that air-  
plane was a weapon  
of mass destruction.

Tech. Sgt. Shane MacDonald



## UTA SCHEDULE

### May

A: 14-15

B: 21-22

### June

A: 4-5

B: 11-12

### July

A: 9-10

B: 23-24

## QUOTE OF THE MONTH

“We make a living by what we get, we make a life by what we give.”

Sir Winston Churchill (1874 - 1965)

Do you have a favorite quote? Perhaps one of your own? Mail to 433aw.pa@lackland.af.mil with the subject line: Quote for AW.



# News bites...

## HRDC FOCUS CLASS

The HRDC is offering "Focus on Your Highest Priorities" May 14 (Sat, A UTA), May 21 (Sat B UTA), and May 24 (Wednesday).

Focus is a Franklin Covey one day course that presents a fun and inspirational time management process. You'll learn how to identify – and Focus – on the tasks and priorities that matter most so that you can deliver maximum results everyday.

To sign up, e-mail 2<sup>nd</sup> Lt. Timothy Martin at [timothy.martin@lacklan.af.mil](mailto:timothy.martin@lacklan.af.mil).

## TUITION ASSISTANCE

Reservists applying for Tuition Assistance (TA) through the 433 AW Wing Education & Training Office must provide the following two (2) pieces of documentation before they can be reimbursed for tuition costs.

1. Grade report/transcript (grade report from school's web site or transcript from school) and
2. Proof of tuition paid. Proof can be either a receipt from school of actual tuition paid or signed documentation from a school official of actual tuition paid.

NOTE: TA is paid only for tuition costs. Lab, shop, instructional, and/or technology fees are NOT reimbursable. In addition, TA is not authorized for non-instructional purposes such as parking fees, student activity fees, medical

services, and/or matriculation/graduation fees.

Questions may be directed to the Wing Education and Training office at ext 925-4922.

## TRICARE UPDATES

New TRICARE Reserve Select (TRS) health plan materials have been added to the TRICARE Web site! Beneficiary education and staff training materials are being added weekly, so be sure to check the site often for the most current TRS information.

New materials include: a TRS Brochure, updated Frequently Asked Questions, and a TRS Briefing with Speaker's Guide and Suggested Uses. It is important for Reserve families to know about this new TRICARE benefit in order to make an informed health care choice.

The TRS Web site is: <http://www.tricare.osd.mil/reserve/reserve/select/index.cfm>

## CES COMMISSIONING OPPORTUNITY

The 433d Civil Engineer Squadron is currently advertising to fill a vacant Civil Engineering Officer position. Direct appointment of qualified airmen to officer status may be made to fill this unit vacancy.

Airmen interested in applying for this position must submit their application to the Military Personnel Flight, Career Enhancement office, Bldg. 908, Room 204,

no later than 12 June 2005. Applications will be submitted to a Wing commissioning board, and the best-qualified applicant will be selected to fill the position.

For more information or to receive an application packet, contact MPF, Career Enhancement at 925-7848.

## LANCE ARMSTRONG BRACELET WEAR

The Lance Armstrong bracelet cannot be worn in uniform.

The yellow bracelet supporting a Cancer Foundation is a noble cause, however the bracelet does not meet the criteria outlined in AFI 36-2903, Dress and Personal Appearance of Air Force Personnel.

Please let your Airmen know they are not authorized to be worn while in uniform.

## NEW PT UNIFORMS

The new PT uniforms are out. They will first be issued to Airmen in the AOR. Next they will be issued to enlisted Airmen at bases supporting AEFs 5 and 6. Officers will be required to purchase the new PT uniform at a cost of about \$142 as they become available. An across-the-board mandatory wear date has not yet been set.

## BLOOD DONATIONS NEEDED

The 433rd Maintenance Squadron, Recreation and Morale Committee is hosting a Blood Drive during both A and B UTAs in June.

The Lackland Blood Donor Center Bloodmobile will be at the 433rd Airlift Wing, parked between Buildings 909 and 908 from 0900-1400 on both Saturdays.



Photo by Master Sgt. Efrain Gonzalez  
LACKLAND AIR FORCE BASE, Texas — Airmen show off different combinations of the new physical training uniform while jogging here during the wear-test phase.

# Who's who in the Alamo Wing...



Photo by Maj. Elena T. Milford

**DRILL DUTY** -- Master Sgt. Marcos Hernandez from the 433rd Fabrication Flight shows up for drill duty in the sheetmetal shop.



Photo by Capt. Bruce R. Hill

**HI MOM** -- WOAI Radio was one of the local news outlets on hand to greet Master Sergeant Marquis Hightower, 433rd Security Forces Squadron, who recently returned from duty in the U.S. Central Command Area of Responsibility. (See story, page 6)



Photo by Senior Airman Jonathan D. Simmons

**IN THE DRIVER'S SEAT** -- Lt. Col. Joseph Pierce, Operations Officer for the 307th REDHORSE Squadron covers a lot of miles on his route between the squadron at Lackland and the mock forward operating base REDHORSE is building on Camp Bullis. The 307th REDHORSE is the only Reserve REDHORSE squadron. Only two other rapidly deployable Civil Engineer Squadrons are not assigned to active-duty units.

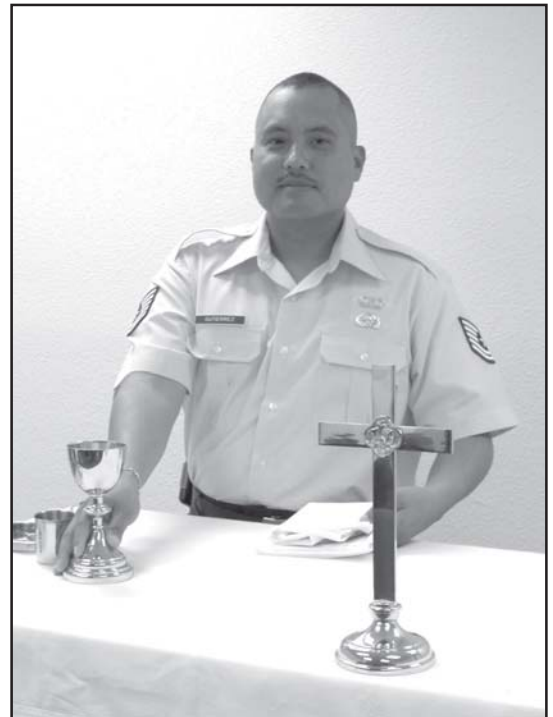


Photo by Maj. Elena T. Milford

**REMEMBERANCE** -- Tech. Sgt. Dionicio "Nicho" Gutierrez, 433rd Chaplain Section, prepares the "upper room" for for the UTA Sunday's service.

# Hands-on day for 225 AF JROTC Cadets



Approximately 225 Junior ROTC Cadets from nine area high schools got a chance to visit with the 433rd Airlift Wing, April 8, for a glimpse of what their future could hold.

Cadets got to hear firsthand what life was like for frontline aeromedical evacuation operations personnel, what life support items float and how interior insulation blankets are sewn together. The cadets also had a chance to tour a C-5 and fly in the C-5 simulator.

The seventh annual event is also a way for JROTC leadership to reward deserving students with a day of new experiences.



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